

B. Steinmann:

Therapeutic problems in daily geriatric practice 5

Cardiac glycosides and the elderly heart patient 19

- 1 *The work of the heart in old age* 19
- 2 *When does exercise insufficiency set in?* 21
- 3 *The effect of digitalis on the effort insufficiency in the elderly* 22
- 4 *Cardiac glycosides in surgery on elderly patients* 25
- 5 *The right glycoside for the elderly patient* 27
- References 28

Hydergine in geriatric practice

- Introduction 31
- 1 *Theories on the treatment of cerebral processes in old age* 31
- 2 *Which target symptoms of cerebrovascular insufficiency respond to Hydergine?* 34

- Hydergine in six double-blind trials 36
- 1 *Hydergine and the ability of the elderly patient to cope with daily life* 36
- 2 *Psychometric evidence of the action of Hydergine* 39
- 3 *Hydergine eases integration in an old people's home* 41
- 4 *Hydergine for the treatment of cerebral insufficiency* 43
- 5 *Hydergine improves the mental and physical manifestations of cerebrovascular insufficiency even in very old patients* 45
- 6 *Neurosomatic and psychometric proof of Hydergine activity* 48
- 7 *Results* 49

- Recent discoveries of clinical experimental research 49

- 1 *Hydergine shortens cerebral circulation time* 49
- 2 *Hydergine increases and regulates cerebral blood flow impaired by lesions* 52
- References 55

Melleril and its position in gerontopsychiatry

Mental disorders in old age

- 1 *Psychoactive drugs in gerontopsychiatry*
- 2 *Melleril in involutional depression*
- 3 *Melleril integrates the difficult elderly patient*
- 4 *Melleril in involutional psychosis*
- 5 *Melleril plus Hydergine in organic brain syndromes*

References

Calcium for the elderly patient

Bone tissue as an organ

- 1 *Senile osteoporosis—disease or symptom of old age?*
- 2 *Calcium deficiency and osteoporosis*
- 3 *An increase in calcium intake means higher intestinal absorption*
- 4 *Bone remineralisation*
- 5 *Clinical results achieved with long-term administration of large doses of calcium*

References